

Dear Parents and Carers,

I am writing to share some exciting news regarding the future of Personal, Social, Health and Economic (PSHE) education at St Julie's Catholic High School.

We are embarking on a full review and update of our PSHE curriculum to ensure we are fully aligned with the new statutory guidance, which comes into effect in September 2026. This means we will be overhauling the entire PSHE subject content for all pupils.

Our Timeline

- **Planning & Preparation:** In January we began reviewing and redesigning our PSHE curriculum.
- **Feedback:** Information and opportunities for feedback will be available for students, parents and carers
- **Staff Training:** All staff involved in PSHE delivery will receive comprehensive training to ensure high-quality, up-to-date teaching.
- **Implementation:** The new curriculum will launch from September 2026.

Our Aims

The updated curriculum will ensure:

- Full compliance with statutory requirements
- Age-appropriate and relevant coverage of all topics
- A strong focus on pupil wellbeing and safeguarding
- Comprehensive relationships education, health education and (where applicable) RSE (Relationships and Sex Education)
- Support for all learners, including those with additional needs

Changes to What Pupils Will Learn

- Some topics will be introduced earlier or later, in line with statutory guidance.
- All content will be age-appropriate and carefully tailored to the needs of our school community.
- Sensitive topics will be handled with care and respect, ensuring a safe learning environment for all.

Reassurance and Legal Points

- Statutory relationships and health education is compulsory for all pupils.
- Parents have the right to request withdrawal from some or all of sex education delivered as part of RSE, except for those elements which are part of the science curriculum.
- Further guidance for parents is available from the Department for Education:
 - [Relationships, sex and health education: guides for parents](#)

Thank you for your continued support as we work together to provide the very best education for our pupils.

Miss Corrigan
PSHE lead