

22nd November 2021

Dear Parents/Carers,

Anti-bullying Week 2019

Anti-Bullying Week 2021 was coordinated In England and Wales by the Anti-Bullying Alliance. It took place from 15 to 19 November 2021 and had the theme One Kind Word.

We supported the national campaign to raise awareness, stop bullying and create safe environments in which children and young people can live, grow, play and learn. The week began with Odd Socks Day which was supported by our Year 7 cohort and staff. All money raised will go to the anti-bullying alliance to support the work that they do.

Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. This is one of the reasons, that 'One Kind Word' was chosen as the theme of Anti-Bullying Week that took place from 15 to 19 of November 2021.

Pupils have been involved in lessons, assemblies and form time activities which focus on staying safe and feeling confident to report bullying. Further details can be found on our website.

Bullying can take many forms and is defined as the long-term and systematic use of violence, mental or physical, against an individual. It is the wilful, conscious desire to hurt or threaten or frighten someone else. This can be in person or online as cyberbullying.

Over half of adolescents and teens have been bullied online, and about the same number have engaged in cyber bullying. Over 25 percent of adolescents and teens have been bullied repeatedly through their mobile phones or the Internet. Well over half of young people do not tell their parents when cyber bullying occurs. We encourage our parents to talk to their daughters about their on-line activity regularly.

Any type of bullying will not be tolerated at St Julie's and we hope that this week's activities have made our pupils aware of who they can talk to and where they can go if they need help or support on any matter.

If you would like further information and guidance on discussing anti-bullying week with your daughter there is very helpful information for parents on the alliance website (www.anti-bullyingalliance.org.uk/anti-bullying-week/info-for-parents-and-carers).

Yours sincerely,

Mrs K Rooney