



# ADDvanced Solutions

## Community Network

Supporting you to find the answers



## Liverpool: Our Summer Term 2019 Offer

Through our community-based groups, programmes, and opportunities that raise awareness; develop skills; share learning experiences; and build confidence, we support children, young people, and families living with neurodevelopmental conditions, learning difficulties and associated mental health needs - pre, during and post-diagnosis.

### Neurodevelopmental Conditions Family Learning Programme

Structured programmes that give parents, carers, and supporters the skills, knowledge and confidence to better recognise, understand and meet the needs of their families living with neurodevelopmental conditions, learning difficulties and associated mental health needs.



#### Coming up:

Norris Green

Three full day sessions:

**Friday 10th, 17th and 24th May**, 9.30am – 3.00pm

Woolton

Three full-day sessions:

**Thursday: 13th, 20th and 27th June**, 9.30am - 3.00pm

### Sensory Processing Difficulties Awareness Raising Workshops

Delivered in partnership with Liverpool Local Authority Sensory Integration Occupational Therapists, our awareness-raising training helps parents and carers to better understand how our bodies process sensory information, identifying strategies to support sensory processing difficulties in children and young people.

#### Coming up:

Walton: **Friday 26th April** 9:30 -1.30pm

Anfield: **Friday 21st June** 9.30am -1.30pm

### Eating Difficulties Awareness Raising Training

This training helps parents and carers better understand and manage eating difficulties associated with neurodevelopmental conditions.

To book on this course you must have attended the sensory processing awareness raising course.

#### Sessions coming up:

Anfield: **Friday 28th June and 5th July**



For more news and events visit [www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk)  
Telephone: 0151 486 1788 Email: [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)



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Join our Facebook closed group for parents & carers ADDvanced Community Network CIC

# Community Network Groups



If you have concerns about your child's behaviour or progress at school, our community network groups offer support to help you learn, understand and meet the needs of your child and family.

We deliver needs-led workshops whilst working in partnership with professionals from organisations and experts in their field to provide effective solution-focused support.

## Coming Up:

**Walton Community Network Group: Orrell Park Community Centre, 6 Moss Lane, L9 8AJ.**

Every Monday 12.45pm – 2.45pm during term time.

**29th April**

**13th May**

**20th May**

**3rd June**

**10th June**

**17th June**

**24th June**

**1st July**

**8th July**

**15th July**

**Early Help Assessments (EHATs)**

Sibling Rivalry

Executive Functioning

**Disability Welfare Rights**

Attention Deficit Hyperactivity Disorder (ADHD)

Tantrums v's Meltdowns

Anxiety

**Top-Up Funding and the Education Health Care Plan**

SEND Provision in Schools

Preparing for the Summer Holidays

**Belle Vale Community Network Group: Belle Vale Children's Centre, Hedgefield Road, Belle Vale, L25 2RW.**

Every Tuesday 9.30am - 11.30am during term time.

**30th April**

**8th May**

**14th May**

**21st May**

**4th June**

**11th June**

**18th June**

**25th June**

**2nd July**

**9th July**

**16th July**

Attention Deficit Hyperactivity Disorder (ADHD)

Specific Learning Difficulties

Tantrums v's Meltdowns

**Auditory Processing Disorder (APD)**

Transition

Identifying triggers

**Sensory Processing Difficulties**

Difference between EHATs and EHCPs

Speech and Language Therapy

Theory of Mind

Preparing for Summer Holidays

**Speke Community Network Group: Speke Five Families Centre, Conleach Road, Speke L24 0TW.**

Every Monday 9.30am - 11.30am during term time.

<b>29th April</b>	Identifying Problems and Finding Solutions
<b>13th May</b>	Autism Spectrum Disorder/Condition (ASD/C)
<b>20th May</b>	Sibling Rivalry
<b>3rd June</b>	<b>Disability Welfare Rights</b>
<b>10th June</b>	Transition
<b>17th June</b>	SEND Provision in schools
<b>24th June</b>	Exclusions
<b>1st July</b>	Rewards
<b>8th July</b>	Attention Deficit Hyperactivity Disorder (ADHD)
<b>15th July</b>	Preparing for the Summer holidays

**City Centre Community Network Group: The Black-E, 1 Great George Street, Liverpool, L1 5EW. Starting 5th June - booking is essential.**

Every Wednesday 4.30pm - 6.30pm during term time.

<b>5th June</b>	Welcome to ADDvanced Solutions Community Network
<b>12th June</b>	Neurodevelopmental Conditions
<b>19th June</b>	Autism Spectrum Disorder/Condition (ASD/C)
<b>26th June</b>	Specific Learning Difficulties
<b>3rd July</b>	Transition
<b>10th July</b>	Sibling Rivalry
<b>17th July</b>	Preparing for the Summer holidays

ADDvanced Solutions Community Network and the Black-E are delivering afterschool activities (Booking is essential) to empower families through learning and play.

This partnership will offer informal learning to parents and carers and structured activities for children and young people living with neurodevelopmental conditions, including ADHD, Autism Spectrum Disorder, Sensory Processing and Learning Difficulties

We aim to support children and young people through creative arts, circus skills, dance, board games, cookery and drama workshops to improve self-awareness, relationship development, self-confidence, self-control, improved coordination and social and communication skills.

**Parents and carers MUST** stay in the building and attend the learning workshops in the Community Network Group, providing an opportunity to share learning and experience and to gain tools, confidence and knowledge to better identify, understand and meet the needs of their family living with neurodevelopmental conditions.

ADDvanced Solutions Community Network would be happy to come along to schools coffee mornings to deliver a session about ND conditions to parents/carers.



## Family Days Out

We will be going for a walk and ranger activities on the following dates:

- Gruffalo Hunt - Delamare Forest - Tuesday, **28th May 10.30am**
- Hale Lighthouse and Village Walk - Friday **31st May 10.30am**

**Booking is essential as some activities have limited places.**

Summer holiday activities will be announced soon.



## Young People Aged 12 - 14 and 15-19

Designed for those living with neurodevelopmental conditions to help them gain a better understanding of themselves, explore their own needs, learn new skills and build confidence as well as develop friendships. Groups meet up for learning and social activities, they're led by young people who take an active part in the design, decision making and development of their group, encouraging activities participation and ownership.

**We cover subjects such as:**

- Social skills and interaction;
- Planning and preparation for trips;
- Staying safe;
- Setting and achieving realistic goals;
- Creative expression and fun activities.

Places are limited and designed for those most isolated, who do not attend other youth provision.



## Free Professionals Awareness Raising Training

This commissioned course has been developed to provide an awareness and understanding of the day-to-day challenges of living with neurodevelopmental conditions (NDCs) and the surrounding issues for staff working to support children, young people and families, to enable them to:

- Understand the difference and similarities between ADHD, ASD/C, and other NDCs.
- Recognise the typical behaviours of ADHD, ASD/C and other NDCs
- Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family.

- Understand the impact that sensory processing difficulties have on children and young people.
- Recognise local support available for professionals, young people and families who have children with NDCs

This training is very popular and books up quickly. Therefore, if the training is fully booked, please contact the office to register your interest for the next one available

For further information and to book on to the next course on **Wednesday 3rd July, Woolton - 9.15am (9.30)– 4.30pm**, please visit [www.liverpoolcamhs.com/training](http://www.liverpoolcamhs.com/training) contact the office on 0151 486 1788 or email [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)

## Our Traded Offer

We also offer bespoke training, coaching and mentoring programmes and consultancy work for professionals working with children, young people and families living with neurodevelopmental conditions.

Income generated through our traded offer underpins ADDvanced Solutions Community Network's support for families.

## Early Help Directory

Check out the Liverpool Local Offer of services for families living with Special Educational Needs and Disability

The logo for the Liverpool Early Help Directory features the text "Liverpool Early Help Directory" in a sans-serif font. "Liverpool" is in green, "Early Help" is in blue, and "Directory" is in a lighter blue. To the right of the text is a small orange silhouette of a dog.

**For information on any of these events and how to book, please email [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)**

**Visit our website [www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk) for more information about the support we offer.**