

Year 7 PSHE Calendar for Academic Year 2015/16

Day	Date	Lesson	Topic	Why?
Tuesday	29 th September 2015	1	Healthy Living	We want you to be able to know what it means to be physically and emotionally healthy and know how to look after your body.
Tuesday	6 th October 2015	2	Healthy Living	
Tuesday	13 th October 2015	3	Healthy Living	
Tuesday	29 th October 2015	6	Healthy Living	
Tuesday	3 rd November 2015	7	SRE	We want you to know all about your body and how it changes, both physically and emotionally and how to cope with these changes.
Wednesday	11 th November 2015	1	SRE	
Wednesday	18 th November 2015	2	SRE	
Wednesday	25 th November 2015	3	SRE	
Wednesday	2 nd December 2015	6	Citizenship	We want you to know about where you come from and what it means to be a citizen in the UK.
Wednesday	9 th December 2015	7	Citizenship	
Thursday	7 th January 2016	1	Citizenship	
Thursday	14 th January 2016	2	Citizenship	
Thursday	21 st January 2016	3	Unhealthy Living	We want to make you aware of the dangers you might face through peer pressure, social media or on the streets and show you how to cope with these.
Thursday	28 th January 2016	6	Unhealthy Living	
Thursday	4 th February 2016	7	Unhealthy Living	
Tuesday	14 th June 2016	1	Unhealthy Living	
Tuesday	21 st June 2016	2	Finance	We want you to be able to know the value of money in the UK and abroad and how money works in life.
Tuesday	28 th June 2016	3	Finance	
Tuesday	5 th July 2016	6	Finance	
Tuesday	12 th July 2016	7	Finance	

PSHE DAYS

1. Thursday 24th September 2015
2. Wednesday 10th February 2016
3. Thursday 9th June 2016

Year 8 PSHE Calendar for Academic Year 2015/16

Day	Date	Lesson	Topic	Why?
Tuesday	29 th September 2015	1	Healthy Living	We want you to be able to know how to look after your physical and mental wellbeing through the use of nutrition and exercise.
Tuesday	6 th October 2015	2	Healthy Living	
Tuesday	13 th October 2015	3	Healthy Living	
Tuesday	29 th October 2015	6	Healthy Living	
Tuesday	3 rd November 2015	7	SRE	We want you to know how to form positive relationships with your family and partner and how to stay safe in those relationships. We also want you to know how to stay safe online.
Wednesday	11 th November 2015	1	SRE	
Wednesday	18 th November 2015	2	SRE	
Wednesday	25 th November 2015	3	SRE	
Wednesday	2 nd December 2015	6	Citizenship	We want you to know what democracy is and the role of women in the voting process. We want you to be able to understand the political parties in the UK and what they stand for.
Wednesday	9 th December 2015	7	Citizenship	
Thursday	7 th January 2016	1	Citizenship	
Thursday	14 th January 2016	2	Citizenship	
Thursday	21 st January 2016	3	Unhealthy Living	We want you to know what bullying is, how to recognise it and how to report it. We want to make you aware of substance abuse and how to stay safe sexually and prevent STI's.
Thursday	28 th January 2016	6	Unhealthy Living	
Thursday	4 th February 2016	7	Unhealthy Living	
Tuesday	14 th June 2016	1	Unhealthy Living	
Tuesday	21 st June 2016	2	Finance	We want you to know what branding is and how it affects us as consumers. We also want you to be able to understand mobile phone contracts and how they work.
Tuesday	28 th June 2016	3	Finance	
Tuesday	5 th July 2016	6	Finance	
Tuesday	12 th July 2016	7	Finance	

PSHE DAYS

1. Thursday 24th September 2015
2. Wednesday 10th February 2016
3. Thursday 9th June 2016

Year 9 PSHE Calendar for Academic Year 2015/16

Day	Date	Lesson	Topic	Why?
Tuesday	29 th September 2015	1	Healthy Living	We want you to understand how your body reacts to different approaches to dieting and how this can affect you physically and mentally. We want you to know how to protect yourself in the sun.
Tuesday	6 th October 2015	2	Healthy Living	
Tuesday	13 th October 2015	3	Healthy Living	
Tuesday	29 th October 2015	6	Healthy Living	
Tuesday	3 rd November 2015	7	SRE	We want you to know what STI's are and who you can go to for advice. We want you to know how to stay safe regarding sex and the physical and moral dilemmas around abortion.
Wednesday	11 th November 2015	1	SRE	
Wednesday	18 th November 2015	2	SRE	
Wednesday	25 th November 2015	3	SRE	
Wednesday	2 nd December 2015	6	Citizenship	We want you to know the law in the UK and how the justice system works. We want you to know about crime in society and how you could be affected.
Wednesday	9 th December 2015	7	Citizenship	
Thursday	7 th January 2016	1	Citizenship	
Thursday	14 th January 2016	2	Citizenship	
Thursday	21 st January 2016	3	Unhealthy Living	We want you to be able to recognise the effects of peer pressure regarding your decisions on alcohol, tobacco and drugs. We want you to know the risks to your body and mind around sun beds and Botox.
Thursday	28 th January 2016	6	Unhealthy Living	
Thursday	4 th February 2016	7	Unhealthy Living	
Tuesday	14 th June 2016	1	Unhealthy Living	
Tuesday	21 st June 2016	2	Finance	We want you to have an understanding of financial and banking terms. We want you to be able to understand what insurance is and different types of it available.
Tuesday	28 th June 2016	3	Finance	
Tuesday	5 th July 2016	6	Finance	
Tuesday	12 th July 2016	7	Finance	

PSHE DAYS

1. Thursday 24th September 2015
2. Wednesday 10th February 2016
3. Thursday 9th June 2016

Year 10 PSHE Calendar for Academic Year 2015/16

Day	Date	Lesson	Topic	Why?
Tuesday	29 th September 2015	1	Healthy Living	We want you to know how to manage your emotions and recognise and deal with the early signs of emotional abuse. We want you to know how to recognise the symptoms of breast cancer and where to seek advice.
Tuesday	6 th October 2015	2	Healthy Living	
Tuesday	13 th October 2015	3	Healthy Living	
Tuesday	29 th October 2015	6	Healthy Living	
Tuesday	3 rd November 2015	7	SRE	We want you to know how to deal with your emotions regarding sex and how to deal with them. We want you to be equipped with information regarding contraception and the physical and emotional questions surrounding teenage pregnancy.
Wednesday	11 th November 2015	1	SRE	
Wednesday	18 th November 2015	2	SRE	
Wednesday	25 th November 2015	3	SRE	
Wednesday	2 nd December 2015	6	Citizenship	We want you to recognise how globalisation is happening everyday around us. We want you to make informed choices on fair trade products and how the environment can be affected by your choices.
Wednesday	9 th December 2015	7	Citizenship	
Thursday	7 th January 2016	1	Citizenship	
Thursday	14 th January 2016	2	Citizenship	
Thursday	21 st January 2016	3	Unhealthy Living	We want you to know the influence the media can have on idealised body types and cosmetic procedures. We want you to know where you can get emergency help from in a variety of situations
Thursday	28 th January 2016	6	Unhealthy Living	
Thursday	4 th February 2016	7	Unhealthy Living	
Tuesday	14 th June 2016	1	Unhealthy Living	
Tuesday	21 st June 2016	2	Finance	We want you to know how to manage finances to budget for household bills. We want you to know the implications of using credit cards.
Tuesday	28 th June 2016	3	Finance	
Tuesday	5 th July 2016	6	Finance	
Tuesday	12 th July 2016	7	Finance	

PSHE DAYS

1. Thursday 24th September 2015
2. Wednesday 10th February 2016
3. Thursday 9th June 2016

Year 11 PSHE Calendar for Academic Year 2015/16

Day	Date	Lesson	Topic	Why?
Tuesday	29 th September 2015	1	Healthy Living	We want you to know how to deal with stress and maintain a positive work life balance coming up to the exams. We want you to understand the physical and emotional dangers relating to plastic surgery.
Tuesday	6 th October 2015	2	Healthy Living	
Tuesday	13 th October 2015	3	Healthy Living	
Tuesday	29 th October 2015	6	Healthy Living	
Tuesday	3 rd November 2015	7	SRE	We want you to be able to understand the concept of consent in relation to the choices you make to ensure positive healthy relationships. We want you to be able to recognise the signs of Child sexual Exploitation and to ensure you don't put yourself in danger.
Wednesday	11 th November 2015	1	SRE	
Wednesday	18 th November 2015	2	SRE	
Wednesday	25 th November 2015	3	SRE	
Wednesday	2 nd December 2015	6	Citizenship	We want you to understand the concepts of the European Union, the United Nations and the Commonwealth. We want you to understand your place in the international community.
Wednesday	9 th December 2015	7	Citizenship	
Thursday	7 th January 2016	1	Citizenship	
Thursday	14 th January 2016	2	Citizenship	
Thursday	21 st January 2016	3	Unhealthy Living	We want you to understand how the choices you make regarding sex, drugs and alcohol can affect you and those around you. We want you to develop strategies to cope with people manipulating and persuading you to make decisions.
Thursday	28 th January 2016	6	Unhealthy Living	
Thursday	4 th February 2016	7	Unhealthy Living	

PSHE DAYS

1. Thursday 24th September 2015
2. Wednesday 10th February 2016