St. Julie's Catholic High School

Weekly Newsletter

Week beginning 16th November 2026

Forthcoming Dates for your Diary

26th November
Year 7 Parents' Evening

3rd December
Sixth Form Open Evening



St. Julie's Remembers

On Wednesday morning the whole school community gathered in the Peace Garden to unite in an act of Remembrance. Our minute of silence began with a whistle - the sound dreaded by men in the trenches which signalled the action of going 'over the top'. Our readings this year included a reflection on the origin, importance and symbolism of the military piper, and we were honoured this year to have our ceremony closed with a bagpipe recital from Pipe Major Blackmore who generously gave his time to join us. You can see some photos of the ceremony here.



Students Represent at Cenotaph

In the City Centre we were also proud to be represented by Georgina in Y12 and Riley in Year 11 who laid our wreath at the Remembrance ceremony at the Cenotaph at St George's Hall. Riley also participate in the cadet march.



Year 7 and 8 Students Enjoy Savio Retreat

Students from Years 7 and 8 recently took part in a fantastic retreat to Savio House, Bollington, where they thoroughly enjoyed every aspect of their experience. The trip included a scenic autumnal (and breezy!) outdoor walk to the White Nancy landmark, as well as

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smaller group sessions that encouraged time for reflection and personal growth.

Throughout the retreat, the students represented St Julie's Catholic High School with great maturity and enthusiasm and the team at Savio commended them on their respect for each other, reverence and participation.

The retreat, themed on 'Choices' provided an important opportunity for students to pause and reflect on their lives, their relationships with family and friends, their school community and their faith. As part of the experience, the group attended a reconciliation service and celebrated Mass.

Both the students and staff enjoyed some quality time together in the beautiful Cheshire countryside and will take away some great memories! Until next time..!



Performing for the Judges

On Thursday some of our talented performers staged drama for judges, but this was no talent contest! Our cast, by special invitation, took their show on the road to the Liverpool Civil and Family Courts in the City Centre to perform two pieces exploring crime and domestic violence to an audience of 50 judges and members of the legal profession. Once through the security screening the team adapted the space to give a fantastically well received performance. Well done to everyone involved for giving a strong performance in front of such an illustrious audience.



Geographers Tackle Mock COP31

Our students recently took part in a Mock COP31 event alongside 11 other Catholic schools, with each school representing a different country. Our students had the exciting challenge of representing Türkiye (Turkey) as the host country.

COP31 is the 31st annual Conference of Parties, a global climate change summit.
Each country was required to deliver a speech to fellow delegates, highlighting the climate challenges they face, what they are currently doing to tackle these issues and what further action they are planning.
Our students rose to the challenge brilliantly, delivering their speech with confidence, enthusiasm and passion. They impressed representatives with their knowledge, ideas, and engagement throughout the event.

The day also provided a fantastic opportunity to make new contacts and explore future workshops, as well as consider further ways we can build on our already strong sustainability practices in school. We are incredibly proud of how our students represented our school and demonstrated such confidence, teamwork and commitment to tackling global climate issues!

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Strong Performances in Netball Fixtures

On Thursday evening our netball team lined up against sides from Archbishop Blanch and Liverpool College at a fixture hosted at St. Julie's. The team recorded two wins and a narrow loss with exceptional performances from all players. Well done to Miss Jones' players of the night: Haidee, Neva, Bella and Dolly.

Results:
St Julie's 3-4 Archbishop Blanch
St Julie's 2-1 Liverpool college
St Julie's 7-1 Archbishop Blanch B



ESFA Success for U16 Squad

Congratulations to the U16 football team on a narrow win in a closely contested fixture against Archbishop Temple High School on Wednesday. St. Julie's prevailed in the 3-2 win with goals from Scarlett (2) and Sharnie. Well done to Sharnie who as well getting her goal was also judged to be player of the match.



Year 7/8 Team Progress in ESFA Competition

Tuesday evening brought match action for the Year 7/8 footballers who lined up against a team from Bishops Blue Coat from Chester. A ruthless performance from the side saw eight goals scored without reply in the emphatic victory. Congratulations to our scorers Eliza (4), Daisy (2) and Erin (2) and to Players of the Match, Erin and Eliza.



Year 13 Visit Edge Hill University Higher Education Fair

On Wednesday our Year 13 students attended the Higher Education Fair at Edge Hill University, a highly regarded campus university in Lancashire with a strong reputation for teaching excellence and student support. During the visit, students had the opportunity to tour the campus, explore the new Students' Union facilities, visit the Learning Resources Centre (LRC), and gain an insight into a range of academic departments.
The event also brought together over 50 higher education providers, giving students the chance to speak directly with university representatives, ask questions about courses and student life, and explore their options for the future. For some students who had

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previously been undecided about progressing to higher education, the experience helped them to better understand the opportunities available and the benefits of university study. For many of our current UCAS applicants, the visit reinforced their ambitions and confirmed their desire to pursue their chosen subjects at degree level.
The day was designed to support students in making informed decisions about their post-18 pathways and provided a valuable opportunity to engage with universities already featuring on their UCAS shortlists. Student feedback has been overwhelmingly positive and we'd like to thank Mrs Lyons, Sixth Form Progress Leader for organising our annual visit.

JUNIOR 1804 SOCIETY

Junior 1804 Society - Leading with Purpose

After counting many votes and completing a rigorous application process, we are delighted to introduce the members of St Julie's Catholic High School's Junior 1804 Society for 2026–2027!
A huge thank you to all the students who took part in the voting process. Your participation and voices are an important part of our school community, and the democratic process reflects our commitment to promoting British Values, particularly democracy, individual liberty and mutual respect.
We are delighted to share that our new Junior 1804 Society met this week to determine plans and priorities for this academic year. This student-led group is here to represent the voice of our school community, champion our values, and support a culture of kindness, service and inclusion.

Our newly appointed student leaders are:

- **Student Presidents:** Olivia R (KS4) and Phoebe D (KS3)
- **Vice Presidents:** Riley J (KS4) and Rubi M (KS4)
- **Diversity Coordinators:** Isla K (KS4) and Naila D-N (KS3)
- **Service Coordinators:** Darcey G (KS4) and Bahiyyih S (KS3)
- **Celebration Coordinators:** Rose S (KS4) and Isla M (KS3)

Inspired by St Julie Billiart, the Junior 1804 Society will champion leadership, service, inclusion and kindness across our school community. Through their roles, students will have opportunities to develop their confidence, represent their peers, celebrate diversity and make a positive difference.

We look forward to seeing the positive impact our Junior 1804 Society will make this year!

Congratulations to Liverpool Schoolgirls U13 Squad Members!

We'd like to offer a hearty congratulations to Eliza A, Anya G, Honey W and Blossom W in Year 8 and Sophie L and Daisy P in Year 7 who have all been selected to represent Liverpool Schoolgirls in the U13 Squad this season! The selection process is challenging and being chosen to represent our city is

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a great honour. Well done to all of the players and we wish them lots of success!

Year 12 Put Faith into Action through community volunteering

Our Year 12 students have begun their weekly Faith in Action placements, putting our Notre Dame values into practice through meaningful service to others. These placements provide students with the opportunity to give something back to their local community, make a positive difference to the lives of others; and act as positive role models. Whether supporting individuals or contributing to the work of local organisations and primary schools, students are encouraged to demonstrate compassion, kindness, responsibility and a genuine commitment to serving others. Alongside the personal and spiritual rewards, the placements offer valuable opportunities to develop transferable skills, including communication, teamwork, problem-solving, empathy and confidence. These experiences will help prepare our students for future employment and adult life, while encouraging them to recognise the positive impact they can have within their communities.
We are incredibly proud of our Year 12 students for embracing this opportunity and living out our Notre Dame values through their actions; and would like to thank our partner schools and organisations for their support.
We look forward to hearing more about their experiences as the year progresses.



Micah Liverpool

Advent Foodbank Collection - Advanced Notice

Advent begins in only two weeks!

Every Advent, the St Julie's community holds a foodbank collection to support the work of Micah Foodbank, which operates from St Vincent de Paul and St Bride's Parishes. We are always bowled over by the generosity and kindness of our families and staff and this year, Micah needs our help more than ever. Each week, we are asking for particular items to be donated, if possible.

Students can them bring in those items for their Form group collection and this will be collected by Micah on the last day of term to be given to those who desperately need it.

We will start our week 1 collection on Monday 30th Collection and then continue each week until we break up. It really will make a difference this Christmas!

WEEK 1
PANTRY POWER
- Pasta and rice
- Tea and pasta sauces
- Flavoured pasta or rice packs
- Microwave or hot-water sachets

WEEK 2

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TINNED & TASTY

- Beans (NOT spaghetti!)
- Tinned tomatoes and vegetables
- Tinned fish or meat
- Tinned fruit, jam and custard

WEEK 3
FESTIVE FAVOURITES

- Christmas treats and goodies
- Biscuits
- Any other non-perishable food
- Anything that does not need a fridge

TOILETRIES • EVERY WEEK

- Shower gel
- shampoo
- toothpaste
- toothbrushes
- hair brushes
- combs
- nappies
- baby wipes
- loo rolls



Free NHS Virtual Work Experience Programme in Medicine and Dentistry is now open

Applications for the free National NHS Virtual Work Experience programme have now opened for 2026-2027!

This programme has helped over 30,000 secondary school students obtain free work experiences last year. Virtual work experiences have been accepted by the Medical Schools and Dental Schools Council as valuable alternatives to in-person shadowing, backed by the Health Education England Discovery report on the impact of virtual work placements.

This programme is brought to you by Birmingham Universities Hospitals Trust in collaboration with Mentorverse, and is completely free. Not only is this a reliable alternative to in-person shadowing, but it also plays a significant role in preparing students for their in-person work placements, with structured teaching and opportunities to speak directly with healthcare professionals. The opportunity is open to any student across the UK from 14 years old and above.

Developed in collaboration with Birmingham Universities Hospitals Trust, this carefully curated 6-month medical and 4-month dental programme offers a unique insight into the medical and dental profession. The e-learning format allows students to complete their placements in their own time. Covering ethics, procedures, wider team roles, and facilitating direct conversations with doctors and dentists, this virtual experience serves as an excellent foundation for your students' future careers. Not only does it enrich their UCAS applications, but it also strategically prepares them for in-person work experience placements.

Taking part in the Virtual Work Experience will provide:

– Comprehensive Insights: The programme covers a range of specialities, providing a holistic understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.

– Flexible Participation:Tailored for students from years 10-13/S3-S6/NI10-14, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.

– Recognised Certification: Upon successful completion of all

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specialities, students will receive a certificate from Medic Mentor and UHB, validating their active participation to include in their UCAS and apprenticeships applications.

This month's focus is on Surgery or Paediatric and Dental Surgery, offering a firsthand look into the life of a doctor/dentist and the intricacies of procedures, treatments and patient care.

Registering for these programmes is simple – you just need to complete the free online application form below:

Medicine: https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Dentistry: https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/



Discover apprenticeships with the BBC

Ready to start a career at the BBC? Applications are open for 2027 apprenticeships across **journalism, production, business, engineering, data, AI and technology**. With opportunities across the UK and routes from **Level 2** to degree-level qualifications, you can build your skills, gain industry experience and earn a starting salary of **£24,650**. https://www.bbc.co.uk/careers/early careers/



Using GCSE Pod

GCSE Pod is a great revision resource with information presented in bite size chunks. The quick guide for students can be found here and the guide for parents can be found here.



Career of the Month with Unifrog

Unifrog have developed resources exploring subject and careers of the month for each year group. You can find October's resources here:

- Year 7
- Year 8
- Year 9
- Year 10
- Year 11
- Year 12
- Year 13

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UKMT Results Are In!

Before October half term our Y12 A Level Maths cohort sat the UKMT Senior Maths Challenge. This challenge is designed to make students think and uses a range of problem solving skills throughout the challenge. All of the students gave it their best and got some excellent results! A particular "Well Done" goes to Sam for achieving a Bronze level and Gabriella who also achieved Bronze as well as Best In School!



Chaplaincy Ministry

Calling all Year 7 students!

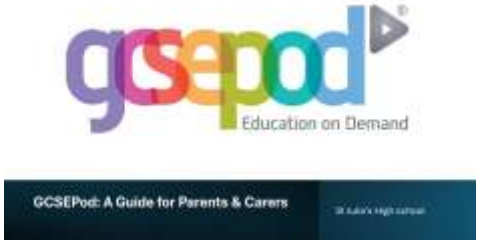
- Do you enjoy singing?
- Do you play an instrument?
- Are you a confident reader who likes reading in public?
- Are you an Altar Server?

If so, then come and join our Chaplaincy Ministry Team! Our team is currently about ten students from across Y8, 9 and 10 who lead music and support the liturgy at all our school Masses and special services. We would like to invite any Y7 students who are interested to come and join us in serving others through their gifts and talents! Meet new people! Have fun! Learn new skills! Grow in confidence! See Miss Higgins – Chaplain – for more information.



Responsible Parking

Please click here to read a copy of a letter circulated by Mrs McCourt referring to parking and stopping whilst picking up and dropping off students.



GCSEPod for Parents

GCSEPod is an online learning and revision platform designed to help students revise their GCSE subjects through short, engaging videos, quizzes and other revision activities. You can find a parents' guide full of tips for supporting your child with GCSEPod here.



Support Services from River Young People

River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol use. They work closely with schools to offer accessible, student-centred support and aim to make referrals and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find more information here.

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Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our punctuality procedures in detail here.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare

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Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693
If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.
Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978
If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:
07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service
Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here Neglect | Childline to learn more about

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accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor Get Support | Childline

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their information leaflet or at the website.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#It's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.
RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550
They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
https://giveusashout.org/
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: Mr M Mottram
Year 8: Miss E Murphy
Year 9: Mrs J Navarro
Year 10: Mrs K Monks
Year 11: Miss V Homer
Sixth Form: Mrs R Lyons

Curriculum Leaders

English: Mrs D Walker
Maths: Miss M Naylor
Science: Mr J Magor
RE: Mrs T Hyland-Williams
MFL: Mrs R Buckton
Humanities: Miss J Rimmer
Performing Arts (including PE): Miss A Douglas
Art and Technology: Mrs A Bell
Social Sciences and Computing: Mrs K Byrne

SENDCo: Miss S Jackson
Safeguarding: Safeguarding Team

Why not visit our Websites?

St. Julie's Main Website
Chaplaincy Website
Chaplaincy Instagram: stjuliesl25
Wellbeing Website
Careers Website

positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788
Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse
Merseyside Domestic Violence Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley