St. Julie's Catholic High School

Weekly Newsletter

Week beginning 9th November 2026

Forthcoming Dates for your Diary

11th November
Remembrance Ceremony

26th November
Year 7 Parents' Evening



Students Present Research To Girls' Schools Association

Over the past six months, an exceptional group of students have demonstrated remarkable dedication and resilience through the completion of a challenging and meaningful research project into equality for women in sports, which they presented to the Girls' School Association in an online conference on Wednesday. The quality of their work, conducted with a partner school, has been recognised through the publication of their report on the GSA website, a significant achievement that reflects not only their academic skills and commitment, but also their ability to work collaboratively, think critically and contribute meaningfully to educational research.



Students Hit the Road in Bikeability

On Wednesday we were delighted to welcome the Bikeability team into school, who gave some valuable cycling safety advice and instruction before taking small groups out on a supervised road ride. Our students were commended by the instructors for their outstanding conduct!



Year 12 Students Discover Social Mobility Foundation Opportunities

This week the Sixth Form Team were delighted to welcome Luke from the Social Mobility Foundation to introduce students to the Aspiring Professionals Programme (APP).

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You can click any of the hyperlinked names below to send an email.

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The APP is a fantastic, free opportunity for eligible Year 12 students, offering professional mentoring, career workshops, university and degree apprenticeship application support, and opportunities for work experience with leading employers. The programme aims to help students build confidence, develop valuable skills and access opportunities that may otherwise be difficult to secure. We would strongly encourage our Year 12 students to find out more and consider applying. Whether they already have a clear career ambition or are still exploring their options, the programme could help them to broaden their horizons, make valuable connections and take an important step towards their future. Find out more and check eligibility here.



Parents' Guide to University

Navigating the university application process can feel overwhelming, but the updated Parents' Guide to University is here to help. Designed to support families at every stage of the journey, the guide covers a wide range of key topics including the different types of university and higher education providers, how to choose the right course and institution, support available for vulnerable learners, studying abroad, the benefits of Open Days, foundation year options, student finance, and what to expect on results day to name but a few. Whether your child is just beginning to explore their options or is preparing to submit applications, this guide provides clear, practical advice to help you make informed decisions together.
We encourage all parents and carers of students considering higher education to take a look and make the most of this valuable resource.

Supporting Our Kinship Care Families

What is kinship care?
Kinship care is when a child is being looked after by a family member or close friend, rather than their birth parents. This might be a grandparent, aunt, uncle, older sibling, or family friend who has stepped in to care for the child. Kinship carers play a vital role in providing stability and love for children, but we know it can sometimes come with challenges – whether that's practical, financial, or emotional.

How we can help
If you're caring for a child in a kinship arrangement, we'd love to hear from you. We want to make sure we're offering the right support for both you and your child. This might include:

- Pastoral support for your child at school
- Information about financial support and entitlements
- Flexibility with school costs where we can help
- Signposting to local services and support groups

Get in touch
If this applies to your family, please contact us confidentially:

- Call the school office
- Email Miss Corrigan ccorrigan@Stjulies.org.uk
- Speak to your child's Progress Leader

All conversations will be treated sensitively and confidentially. We're here to support you

Sixth Form spotlight!

In our final week of subject spotlights, we wanted to highlight a range of exciting Level 3 courses that combine academic knowledge with real-world application. In *Business Studies*, students explore marketing, finance, and management, preparing for careers in entrepreneurship, business consultancy, and project management. Last Year, degrees in Business Studies or Business and Marketing were our most popular subjects for Post 18 subject choices at university!

Sociology examines society, culture, and social change, with pathways into social research, public services, and education. Year 13s enjoy studying Sociology in order to better understand how society works — exploring how people, communities, and institutions shape the world around us. It encourages critical thinking, empathy, and awareness of social issues, helping us make sense of current events and preparing us for careers where understanding people and social structures is key.

Our Criminology course helps students explore the causes of crime, the justice system, and the impact of crime on society. It develops analytical thinking, research skills, and a deeper understanding of human behaviour — perfect preparation for careers in law, policing, criminology, social services, and public policy, as well as helping students become more informed, critical thinkers.

Psychology focuses on human behaviour and mental processes, opening doors to careers in healthcare, counselling, education, and criminology. To learn more about A level Psychology, click here. Our Year 13 students enjoy Psychology A level because it offers fascinating insights into human behaviour, mental processes, and how individuals interact with the world around them. The subject combines theory with real-life applications, allowing students to explore topics like memory, development, and social influence, while also sharpening their critical thinking, research, and analytical skills.

Health and Social Care provides insight into health services, care practices, and human development, ideal for roles in nursing, social work, and community care. Many of our sixth form Health and Social Care students progress to Nursing (Adult and Paediatric) and Paramedic Science courses at University. Students that follow other avenues include Social Work, Childhood and Youth Studies and Teaching.

Our popular *Digital Media* course covers content creation, digital marketing, and media production, leading to careers in graphic design, advertising, and digital communications. Studying Digital Media allows students to develop creative and technical skills – skills which are in high demand in today's digital-first world. Our course opens up exciting career paths in marketing, social media, graphic design, film, and web development, while also building problem-solving, collaboration, and project management skills that are valuable in any industry.

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A Curious Incident At The Empire Theatre

On Tuesday evening a group of Performing Arts students from Year 10 and Year 12 visited the Empire Theatre for a performance of 'The Curious Incident of the Dog in the Night Time'. The students enjoyed a presentation that was more reliant on traditional stagecraft than the very high technology West End production and they were able to make some valuable instructive observations on the staging.



LSSP Tournament Champions!

Congratulations to our two football teams who contested the Year 7 and 8 football tournament hosted at St John Bosco. The teams lined up against 18 other sides and our A team ultimately prevailed with a fantastic tournament win! Our B team were close behind, securing an impressive third place in the overall tournament.

Very well done to our B team: Daisy, Eliza, Eliza, Erin, Haidee, Erin, Anya, Robyn and Harper, and to our tournament winning A team: Honey, Blossom, Annabella, Ada, Orla, Eva, Aubrey, Grace and Lula.



Hope University Outreach Team Help Applicants Get Personal!

A huge thank you to Liverpool Hope University Outreach Team for delivering bespoke Personal Statement sessions for our Year 13 UCAS applicants this week. The sessions are helping students to showcase their strengths, interests and aspirations as they prepare for their next steps. Over the coming weeks, each form will receive a session from the Liverpool Hope Outreach Team, culminating in a final drop-in and Personal Statement Clinic in early December. Good luck to all our UCAS applicants, and a special congratulations to those who have already received offers! A fantastic achievement and well deserved. Thank you again to Liverpool Hope for your continued support.



Year 12 students learn more about Liverpool John Moores University

We were delighted to welcome Mariama from Liverpool John Moores University (LJMU) into school to deliver an informative assembly introducing students to the opportunities available through higher education.
Mariama provided an overview of the wide range of courses offered at LJMU, helping students to consider

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the different subjects and pathways they could pursue after Sixth Form. She also explored student accommodation options, scholarships and bursaries, the benefits of going to university and what students can expect from university life. Click here to check out their home page: Homepage | Liverpool John Moores University
The assembly gave students a valuable insight into the opportunities higher education can offer, including developing independence, gaining specialist knowledge and skills, meeting new people, accessing new experiences and improving future career prospects. It also encouraged students to start thinking about their own aspirations and the choices available to them after Year 13.
We are pleased that Mariama will be returning early in the new year to deliver a Student Finance presentation for our Year 13 UCAS applicants. This session will help applicants understand tuition fee loans, maintenance loans and the financial support available to them as they prepare for the next stage of their education.
We would like to thank Mariama for taking the time to speak to our students and for supporting them in making informed decisions about their futures.



Career of the Month with Unifrog

Unifrog have developed resources exploring subject and careers of the month for each year group. You can find October's resources here:

- Year 7
- Year 8
- Year 9
- Year 10
- Year 11
- Year 12
- Year 13



Using GCSE Pod

GCSE Pod is a great revision resource with information presented in bite size chunks. The quick guide for students can be found here and the guide for parents can be found here.



Chaplaincy Ministry

Calling all Year 7 students!

- Do you enjoy singing?
- Do you play an instrument?
- Are you a confident reader who likes reading in public?
- Are you an Altar Server?

If so, then come and join our Chaplaincy Ministry Team! Our team is currently about ten students from across Y8, 9 and 10 who lead music and support the liturgy at all

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our school Masses and special services. We would like to invite any Y7 students who are interested to come and join us in serving others through their gifts and talents! Meet new people! Have fun! Learn new skills! Grow in confidence! See Miss Higgins – Chaplain – for more information.



Responsible Parking

Please click here to read a copy of a letter circulated by Mrs McCourt referring to parking and stopping whilst picking up and dropping off students.



GCSEPod for Parents

GCSEPod is an online learning and revision platform designed to help students revise their GCSE subjects through short, engaging videos, quizzes and other revision activities. You can find a parents' guide full of tips for supporting your child with GCSEPod here.



Support Services from River Young People

River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol use. They work closely with schools to offer accessible, student-centred support and aim to make referrals and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find more information here.



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our punctuality procedures in detail here.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94%

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attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693
If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.
Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978
If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:
07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service
Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries

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please email sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here Neglect | Childline to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor Get Support | Childline

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their information leaflet or at the website.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#It's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or

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visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550
They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
https://giveusashout.org/
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788
Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse
Merseyside Domestic Violence Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley