



PSHE



Personal, Social, Health and Economic (Economic wellbeing and careers)

A [DfE evidence review](#) highlighted PSHE's importance to young people's wellbeing and knock-on effects on academic achievement, stating that 'The evidence shows that personal, social, health and economic (PSHE) education **can improve the physical and psychosocial well-being** of pupils. A virtuous cycle can be achieved, **whereby pupils with better health and well-being can achieve better academically, which in turn leads to greater success**'

PSHE education isn't just another school subject. It's a chance to give every child and young person an equal opportunity to develop the skills and knowledge they need to thrive now and in the future.

This includes helping them to deal with critical issues they face every day such as friendships, emotional wellbeing and change. And giving them a solid foundation for whatever challenging opportunities lie ahead, so they can face a world full of uncertainty with hope.

From making informed decisions about alcohol to succeeding in their first job, PSHE education helps pupils prepare for all the opportunities, challenges, life decisions and responsibilities they'll face.

Some of the Essential PSHE key skills our pupils will develop are:

- emotional intelligence
- understanding their own mental health
- developing a positive self-image and self-worth
- how to develop healthy relationships
- responsibility for their own personal hygiene
- how to keep themselves safe
- understanding the importance of physical activity

Here at St Julie's, we believe in the flexibility to deliver high quality PSHE lessons, reflecting the needs of our students. In order to equip our pupils with sound understanding of risk with the knowledge and skills to make safe informed decisions.

Additional information can be found on the school website: <https://www.stjulies.org.uk/pshe-rse.htm>

Regular updates are also published in our **weekly school bulletin** and on the **school website**

PSHE/RSE/Global Citizenship/Super-curricular

The curriculum map below shows the wealth of PSHE activities that take place here at St Julie's. This is an overview of PSHE/RSE across the whole school.

Each year group will have a different year group context and focus depending on the needs of our pupils, here we predict and react quickly to any emerging issues that might arise such as friendship issues, social media or eating disorders.

Local Context					
Mental Health, DV, Friendship-related Issues, Substance Misuse					
7	8	9	10	11	KS5
Year Group context	Year Group context	Year Group context	Year Group context	Year Group context	Year Group context
Weekly PSHE lessons, assemblies, Form-time					
Core Theme 1: Health and Well Being					
Core Theme 2: Relationships					
Core theme 3: Living in the wider-world					
Revisiting core themes (7 to 13)					
Faith in action - Sacred Time					
Humanutopia	Humanutopia	Humanutopia	Humanutopia	Anthony Walker Foundation	HE+ Programme
Empower Workshops	Empower Workshops	The Girls' Network	Wellbeing Workshops	Wellbeing Workshops	Wellbeing Workshops
The Brilliant Club	The Brilliant Club	The Brilliant Club	The Brilliant Club	KS4 Assertive Mentoring	UCAS
National Tutoring Programme	LFC: On target	LFC: On Target	MVP - Peer Mentors	National Tutoring Programme	
	National Tutoring Programme	National Tutoring Programme	National Tutoring Programme		National Tutoring Programme
Global Citizenship	The Girls' Network	National Tutoring Programme	National Tutoring Programme	National Tutoring Programme	National Tutoring Programme
Education All	Education All	Education All	Education All and Anthony Walker Foundation	Elevate Study Skills	Christian Action/work experience
Careers/IAG Programme (StartProfile)					
School Visits and Trips					
School Awards - Rainbow Flag, Arts Award, Inclusion Award					
Assemblies / Form time					

In addition to this we also have a PSHE drop down day which takes place in July, this again focuses on the needs of the pupils and particular year group, this is a fun learning day with a variety of activities including external agencies which focus on topics such as careers, mental health, boot camp with the Army, Altru Drama Company and employment talks.

Year 7 PSHE Overview

PSHE Education gives pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topic when they arise. This is not just taught in lesson but is an integral part of everyday life here at St Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, our PM Slide set. Work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund raising and much more.**

Health and wellbeing:

Transition to secondary school
Learning styles and study skills
Lifestyle choice and health
First aid
Resilience

Year 7 begin their PSHE curriculum exploring their **'Health and Wellbeing'**. They reflect on their new environment, friendships, new rules, developing new relationships, managing peer influence and study skills. We support our students become more independent - exploring exercise, healthy diet and sleep and how their lifestyle can be influenced by others and social media. Students also look at keeping themselves and others safe as part of the **'Managing Risk and Personal Safety'** topics. This includes basic first aid, CPR and use of a defibrillator

Living in the wider world:

Employment and roles at work
Career aspiration
Team work
Life long learner
LGBTQ+

Living in the wider world allows pupils to explore **'Employability and Enterprise'** students can reflect on their own skills, passions and aspirations and look at how they can achieve their goals (including steps they can take to ensure these are reached and the opportunity to explore different careers

Relationship and sex:

Diversity in the community
Equality
Bullying
Positive relationships
Solving conflict

Now the students have settled into life at St Julies and have met a lot of different people, they explore relationships, diversity, bullying and internet risks as part of the **'Relationships – Valuing Differences'**. This includes a focus on the LGBTQ+ community and where students can gain support if needed. In the lead up to Christmas (as students may notice increase strains on the family), students explore **positive relationships** (with a focus on family relationships) including resolving conflicts safely and effectively and social media's portrayal of family relationships.

Health and wellbeing:

Risks to health
Peer influence
Puberty
Consent
Mental health stigma
Support for mental health

After Christmas, the students return back to the **'Health and Wellbeing'** topic and explore substance misuse – alcohol, smoking, drugs as well as gambling as they may have seen an increase in these types of behaviours. Puberty is also addressed (both the physical and emotional changes) and unwanted contact and the law (inc. FGM). Puberty is discussed within Term 1 as part of the science curriculum (as well as in primary), so revisiting in Term 2 allows students to ask any further questions they may have. Mental health is also addressed, as well as highlighting where students can gain

Relationship and sex:

Relationship and self esteem
Friendships and relationships
Stereotypes in relationships

As students mature, they will begin to discover a range of different relationships, both positive and negative. They may be looking at or starting to develop romantic relationships – this is explored in the **'Sex and Relationships'** topic.

Living in the wider world:

Financial decisions and their impact
Spending and saving

Towards the end of the course—students (as they become more independent), as part of the **'Economic Wellbeing'** topic, look at how they can manage their own money (want vs need) and how they can manage their own spending through the use of a simple budget.

Year 8 PSHE Overview

PSHE Education gives pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topic when they arise. This is not just taught in lesson but is an integral part of everyday life here at St Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, our PM Slide set. Work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund raising and much more.**

Health and wellbeing:

- Personal Safety
- Choking and CPR
- Sepsis and Asthma
- Energy Drinks
- Prescription medication
- Alcohol
- Drugs

The pupils in year 8 start their journey revisiting Health and well-being where they embark on 4 lessons which explore managing their own personal safety whilst independently amongst the public. This includes safety surrounding procedures and actions during an emergency and also road safety. This is important as Year 8 pupils start to have more independence from the family home and independently need to be aware of dangers in the public domain and how to deal with them. As parents increase the freedom that Year 8 pupils are allowed to have the more informed of the potential risks and dangers that they could be exposed to need to be addressed. There is also a focus on identifying risks associated with alcohol and drug use and the potential risk of coercion surrounding these substances.

Living in the wider world:

- Skills and Self Reflection
- Barclays Life Skills
- Post 16 Options
- Inequality in the workplace

Pupils then look at Career progression within Living in the wider world. This focuses on pupils identifying what skills and interests they have which would marry into the potential jobs they wish to go into. Pupils in Year 8 have to take part in the options process which these lessons help support them with. They are talked through the process of options and guided into exploring how to research what the requirements are for the future careers that they want. This works in tandem with career interviews from our careers advisor so that pupils can ask questions within their interview as well as assemblies delivered by PL on Steps resources which look at knowledge around the workplace and careers.

Relationship and sex:

- Peer pressure and group thinking
- Biphobia, Transphobia and racism

Next the students look at 2 lessons under Healthy relationships where they focus on keeping themselves safe online and also strategies to deal with cyberbullying. In a digital age it is imperative pupils know how to protect themselves and how to identify online bullying behaviour and how to report it. This is also linked in with a follow up lesson on the law and government in Britain and the role of police, which links in with pupils recognising what outside agencies can support them if needed.

Health and wellbeing:

- Emotional Wellbeing
- Self Esteem
- Mental Health Strategies
- Resilience
- Healthy Coping Strategies
- Managing Loss

The health and wellbeing unit focus on resilience and recognising healthy ways of dealing with stress and starting and the dangers of unhealthy coping strategies on long term mental health and emotional wellbeing. This is an important time for pupils to be able to reflect on situations that require them to display resilience and overcome difficult challenges from home and school. It gives them the skills and advice on how to recognize healthy and unhealthy coping strategies when overcoming challenges and difficulties so that they are ready for embarking on the remainder of their key stage 3 curriculum experience and the entry into KS4.

Relationship and sex:

- Positive Relationships
- Gangs
- Online relationships
- Contraception and STIS
- Relationships and sex

Relationships and sex education deals with pupils understanding of different levels of intimacy within a relationship and how to manage this. It focuses on pupils understanding 'consent' and also pupils being given information about protected sex. As pupils get older it is important that they understand how to recognise a health and unhealthy relationship and how to manage situations in which they feel uncomfortable or unsafe. This includes demands from others online for material which is inappropriate and teaching pupils how to report and stop this type of behaviour from peers.

Living in the wider world:

- Cyberbullying
- Financial risks
- Gambling
- Consumer choices
- Community cohesion
- Political and democratic

The next topic covers Living in the wider world looking at Economic wellbeing so that pupils are aware of their consumer rights when purchasing goods from shops or online. It also informs pupils about the dangers of the media and advertising which can lead to situations resulting in personal debt. The unit finishes with a focus on British values where pupils learn about how they can support community cohesion and character attributes which promote successfully living and working together.

Year 9 PSHE Overview

PSHE Education gives pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topic when they arise. This is not just taught in lesson but is an integral part of everyday life here at St Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, our PM Slide set. Work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund raising and much more.**

Health and wellbeing:

- Peer Influence
- Substance misuse
- Gangs
- Extremism
- FGM

Year 9 students start their studies by focusing on Health and Wellbeing, more specifically Peer Influence, Substance Use and Gangs with lessons on Keeping Safe where they look at how to manage changing friendships. The year group go through a period in which they need to adjust to different classes and forms in preparation for undertaking their GCSE option subjects and so it is imperative that they are able to manage these changes. The topic looks at assertiveness and the risks of negative friendships including belonging to a gang and becoming involved in knife crime. In addition, lessons under this umbrella of Peer Influence, Substance Use and Gangs are also focused on extremism and FGM to ensure an awareness of these topics due to the reality that some teenagers will unfortunately be experiencing. As the students' progress into half term two they move onto focusing on Living in the Wider World and goal setting. Students are encouraged to consider their next steps - whether that be college/university. This runs alongside students choosing their option subjects and having careers interviews - again to focus on next steps post GCSEs. In this unit of work students are taught how to write positively about themselves/their skills and how to form a personal statement. Skills which they need to be equipped with for life.

Living in the wider world:

- University / College
- Personal statements

In this topic, we explore higher and further education in relation to university and college applications. Students reflect on their own skills, aspirations and future career goals to explore what is needed to apply for university / courses after GCSEs.

Relationship and sex:

- Valuing differences
- Gender Identity
- Transphobia
- Healthy Relationships

In Spring term students' progress to the topic of Sex and Relationships with a focus on respectful relationships. As this topic focuses on valuing difference, students have the opportunity to reflect on their prior learning on friendships and link to their own responsibilities towards those who are being discriminated against and how peer influence can impact on our tolerance and respect of others. Students explore how to develop a more mature understanding of identity, with particular reference to gender identity, gender stereotyping and transphobia and the impact of people's opinions about this - this also allows students to review, build on and consolidate work done on this topic in Year 8. Students also have a lesson on healthy relationships where they explore and develop strategies for managing conflict with parents and family members so pupils are well prepared for the stresses and strains that may occur within family relationships as we approach school holidays.

Health and wellbeing:

- Managing stress
- First aid
- Risk taking behaviours

We revisit Health and Wellbeing by focusing on Healthy Lifestyles to ensure that students are able to create a balance between work, leisure and exercise before they begin their GCSE topics, as this is a time when stresses and obsessive behaviours can creep in. Furthermore, under this topic students also build their knowledge of first aid and first aid emergencies to ensure that students can take care of themselves and others, if they were put into a dangerous situation, as this is an age when some students start to take more risks.

Relationship and sex:

- Intimate relationships
- STIs
- Social media influence

As summer approaches we revisit Relationships and Sex with a focus on Intimate Relationships - as the summer is a time of year in which students are generally given more freedom, we encourage them to consider their choices and equip with knowledge of consent, a topic covered in Year 8, and sexual health choices, including the risk of contracting STIs and the influence of social media around these topics.

Living in the wider world:

- Enterprise and employability
- Social media influence

We end the programme of study with Living in the Wider World and our Employability and Enterprise topic where students have the opportunity to reflect on how their enterprise and employability skills have developed throughout Key Stage 3 and how these relate to their next steps as they move onto their KS4 studies and start to map out their future plans for further study and employment. Students undertake an employability skills audit and finally focus on the importance of 'online personal branding', to increase their awareness of how employers may use the internet to get a perception of their potential employees.

Year 10 PSHE Overview

PSHE Education gives the pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topic when they arise. This is not just taught in lesson but is an integral part of everyday life here at saint Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, our PM Slide set. Work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund raising and much more.**

Health and wellbeing:

- Personal Identity
- Growth Mindset
- Healthy Lifestyles
- Stopping Stigma
- Mental Health & Support

Year 10 start their journey revisiting the core theme of Health and well-being which is especially important in the aftermath and continued effects of covid. This unit consists of five lessons and asks pupils to spend time thinking about their personal identity, mental health and well-being as well as developing a recognition of their learning habits. They learn about the differences between good and poor mental health and discuss possible solutions for this.

Living in the wider world:

- Economic wellbeing
- Economic wellbeing & Gambling
- Finance and Budgeting
- Online Trails

Living in the wider world is looking at economic well-being so pupils are well prepared for the stresses and strains that financial difficulty can have on a family in the run up to the Christmas period. Students will be taught about budgeting and how this can help themselves and others financially. Students also visit online safety and how they can protect their digital privacy online against others. They learn how data is gathered online.

Relationship and sex:

- Positive relationships
- Sex and relationship myths
- Exploitive Relationships
- Managing relationships
- Role Models

Relationship and sex focus' on issues that 14-year-olds may have to deal with again in the run up to in the Christmas period when more risk-taking behaviour might take place at parties or other gatherings. Here pupils explore positive and exploitative relationships and learn how to identify what is a negative relationship. Students are also taught about role models and how they can use these role models.

Health and wellbeing:

- Managing Risk
- Illegal Substances
- Consequences of drugs
- Body Image

Visiting health and well-being again, students develop their understanding of the effects and risks of drugs and alcohol and look at healthy relationships. Pupils will also develop an awareness of how to manage body image online and what their online images portrays to others. Students will develop their knowledge on how to improve body image and think about how other may feel in relation to their body image.

Relationship and sex:

- Extremism
- Family Structures
- Parenthood
- Bereavement

Touching on relationship and sex, pupils develop an understanding of who can influence them and how they can identify those who are seeking to manipulate them. They will continue to develop their knowledge on different types of families and parenthood skills, giving pupils the opportunity to discuss family breakdown and bereavement and how they can deal with this and access support.

Living in the wider world:

- Democracy
- Employment & Skills
- Rights and Responsibilities
- Responsible social media
- Managing Feedback

Living in the wider world helps pupils develop their knowledge on Britishness, they focus on employability and enterprise in preparation for entering Year 11 and focusing on keeping choices open by having aspirations and being the best, they can be. Students revisit the importance of being responsible on social media and how to manage feedback.

Year 11 PSHE Overview

PSHE Education gives the pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topic when they arise. This is not just taught in lesson but is an integral part of everyday life here at St Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, our PM Slide set, work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund raising and much more.**

Health and wellbeing:

Self esteem
Stress
Study Skills

The year 11 PSHE curriculum starts with the 'Health and Wellbeing' topic. We deliver this topic first as there are several lessons that help to prepare the students for their final GCSE year. We start with self-esteem, something that is an issue across students nationally but also within our year group. Mental health is a key focus for our year group, the number of students suffering with low mood, anxiety and eating disorders since the pandemic has escalated. We finish this topic looking at stress management and revision techniques which are paramount in the final GCSE year.

Living in the wider world:

Post 16 options
CV writing
Work/life balance

Other lessons that are more obviously linked to year 11 such as careers, options after year 11, and what makes you employable are up next. This is the 'Living in the wider world' topic. These lessons tie in with applying to sixth form, both internally and externally.

Relationship and sex:

Communication
Harassment
Abusive relationships

We follow on with some more intense topics as we discuss 'Relationships'. This topic is covered during half term 3, providing time to allow any new form tutors to develop a safe and secure classroom environment with students, before tackling challenging subjects. The sex and relationships lessons have a core theme running through them, positive communication. This is built on when looking at case studies where relationships may have become unhealthy, for example: controlling and violent relationships, and harassment. Domestic violence is another key focus for the year group; therefore, we cover it in detail. Domestic violence is a key focus due to the high number of incidents raised to our safeguarding team. All varieties of relationships are discussed during these lessons, ensuring students embrace diversity.

Health and wellbeing:

Risk management
Peer influence
First aid
Harmful substance
Health care

We then look at 'Health and Wellbeing' again. This theme includes a range of lessons discussing drugs, tanning, and cosmetic surgery to name a few. We also provide students with vital information about the NHS, and how to access help and support. Health concerns specific to women are spoken about, cervical and breast cancer specifically. This lesson aims to dismiss any misconceptions about these devastating illnesses.

Relationship and sex:

Forced marriage
Sexuality
Gender
Diversity

Our final topic looks again at 'Relationships' valuing differences amongst students, specifically discussing gender, sexuality, and forced marriage. There is an emphasis on non-traditional relationships during these lessons which also links with a national picture of what is affecting students of this age group.

Year 12 PSHE Overview

PSHE Education gives the pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topics when they arise. This is not just taught in lessons but is an integral part of everyday life here at St Julie's. It is also incorporated through: **Assemblies, Wellbeing Wednesdays, work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness and fund**

World of Work
CV Writing
Work Experience
Interview skills
Professionalism

We want you to be able to secure a job and career and to understand how you can ensure that you are a desirable candidate. You will learn how to write a CV/cover letter and learn how to apply for part time employment. You will apply for work experience placements, gain an understanding of professionalism and have the opportunity to practise interview skills.

RSE
CSE
Online Safety
Domestic Abuse
Pregnancy
STI's
Sexuality
Diversity
Sexism
Peer on Peer Abuse

We want you to know how to stay safe online and to be aware of the help that is available to you if you suspect you are being groomed. We want you to be able to make informed decisions about your relationships and how to seek help if you or someone you know is in an abusive relationship. We want you to make informed decisions about the choices available to you when pregnant and will provide you with information that will allow you to make morally correct and informed choices based on your own beliefs. We want you to be able to recognise what sexism is and why it is harmful. This topic will enable you to identify sexism; explore attitudes towards it and how the intimidation of women should be challenged. We want you to be able to recognise what constitutes abuse. This topic will enable you to communicate effectively, recognise the signs of abuse and to be aware of the support available to you. We want you to broaden your understanding and knowledge of key terms relating to gender and sexuality; and to learn about the dangers of homophobia and discrimination. We want you to be prepared for adulthood and the various people you will meet as you grow up. This topic will enable you to communicate effectively; learn about the importance of representation and where you can find your local group for LGBTQ+ support.

Finance
Bank Accounts
PAYE

In order to be fully prepared for adulthood we want you to be financially proficient and to understand the various bank accounts that will be available to you so you can choose one that is suited to your needs. We also want you to have a firm understanding of the PAYE scheme so that when you receive your first wage slip you understand its various components.

Unifrog

The Unifrog destinations platform will make you aware of all the options that are available to you when considering higher education, further education and apprenticeships. You will be provided with the tools you need to make an informed decision with regards to your future pathway. You will also be provided with guidance to help you write a successful personal statement/CV.

Personal Health

Stress
Eating Disorders
Mental Health
Drug/Alcohol abuse
Sepsis
CPR

As well as maintaining your health and wellbeing now, we want you to maintain a healthy lifestyle throughout your adult life. You will gain skills to ensure you have a balanced lifestyle and will also gain skills that enable you to deal with any problems you may face in the future. We will educate you on issues such as work life balance, eating disorders mental health concerns, drugs and alcohol. We want to build upon your prior knowledge of First Aid and to understand the symptoms of sepsis and what steps to take if someone has sepsis symptoms. We also want you to understand the steps of CPR and what to do in this emergency situation.

Employment Rights and Responsibilities
Workplace

We want to prepare you for going out into the workplace – knowing how to conduct yourself in a professional manner, how to deal with uncomfortable situations, your rights and responsibilities and what support is available. You will also learn the advantage and disadvantages of the Gig Economy.

Year 13 PSHE Overview

PSHE Education gives the pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and future employment. We also look at the needs of the year group and adapt our teaching to focus on key topics when they arise. This is not just taught in lessons but is an integral part of everyday life here at St Julie's, it is also incorporated through: **Assemblies, Wellbeing Wednesdays, work with the pastoral support team, Chaplain and Careers Advisor. This takes the form of independent learning, questions, class discussions, group work, debates, video clips, workshops, 1-2-1 sessions, charity awareness, fund raising and much**

Living in the wider world

- Refugees
- Fake News
- British Values
- Parliamentary Law
- UK Voting system
- Feminism

We want you to be able to develop your knowledge of British Values by understanding your country and the laws within it. You will learn about the UK voting system and the various political parties. This will enable you to understand how to make an informed decision when it comes to future votes. You will be able to understand and explore why feminism from its origins to its current context using appropriate terminology in the correct context; and to be able to understand how objectification hinders social progress.

Media Literacy

- Digital Footprint
- Online Advertisements
- Media Bias
- Representation
- Extremism
- Radicalisation

In this unit you will be made aware of the influences that using social media has and how media bias can influence our opinions. You will also learn more about the use of advertisements and how misleading headlines can have an impact on peoples' thoughts and beliefs. When learning about radicalisation and extremism, lessons promote inclusion, a sense of belonging, and will further develop your empathy and respect for others.

Financial Capability

- Borrowing Money
- Buying a house

We want you to be aware of the impact of borrowing money and the implications it can have. We also want to make you aware of the house buying process, so that you have a greater understanding of mortgages, borrowing money and your financial responsibilities once you begin full time employment.

Relationships and

- Sex Education
- Consent
- Contraception
- Fertility
- Pregnancy

As you become more independent, socialise more and some of you may move away from home to start university, we want you to understand consent, trust, coercion and exploitation. Your learning in this unit will develop your understanding and awareness of all aspects of contraception; you will learn that fertility changes over time and that there are options available to you with regards to an unplanned pregnancy.

Managing Risk

- Safety of nights out
- Safety when travelling
- Emergency situations

We want you to be independent and confident when dealing with new situations such as travelling in the UK and overseas, moving away from home, attending festivals and nights out. Your study of this unit will make you aware of potential risks, how to respond appropriately to challenging and unfamiliar situations and how to stay safe through managing risk to yourself and others.