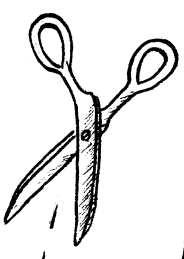


To be featured in
the display please
pass to Dr
Adams-White

Instructions

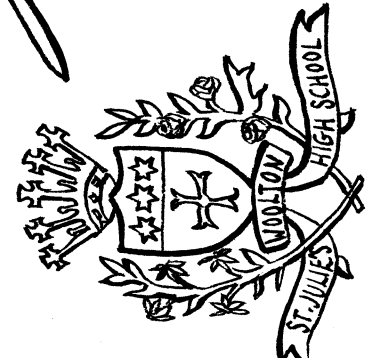
- 1 Add a positive word that represents YOU in the centre of the swallow
- 2 Get creative and DECORATE



Flock of Swallows

WORTHY
STRONG
BRAVE
HOPE

VALUED
POWERFUL



Positive Affirmations